

Victims of Domestic Violence Can Receive SNAP



formerly Food Stamps

Did you get SNAP Benefits before you went to the shelter?

1. You can apply for SNAP Benefits for yourself and your children on your own. DHS will look at only your income, the expenses you are responsible for, and your resources, in deciding whether you can get SNAP Benefits. The resources you owned together with someone in your former household will not count. Even if you don't cook your own meals, you may be able to get SNAP Benefits.
2. Normally, people cannot get SNAP Benefits in more than one county in any month. This rule does not apply to women and children who have left a household because of abuse. If your home is in one county but the shelter is in another, you may still get SNAP Benefits.
3. If approved, you can get an extra allotment of SNAP Benefits. You can get this extra allotment only once a month—no matter the number of times you and your children return home but are forced to return to a shelter. DHS may reduce the amount that your former household gets since fewer people live there now.

Expedited Service...SNAP Benefits in 7 days

Certain very needy households may receive SNAP Benefits within 7 days after they apply. If you are not eligible for the 7 day service, the DHS worker will have 30 days to interview you, see if you are eligible, and if so, send you a SNAP Benefit security card to help buy your food.

You must tell DHS of any changes in your situation.



If you did not get SNAP Benefits before you went to the shelter...

You can apply now on your own. Your eligibility will depend only on your income, the expenses you are responsible for now, and your resources. Resources, such as a car, bank account, or savings account you might have owned together with someone in your former household will not count.

If approved, you can get one allotment per month—no matter the number of times you and your children return home but are forced to return to a shelter.

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