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Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish). Persons with disabilities who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.) please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD).

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Si desea presentar una queja del programa de derechos civiles de la discriminación, completar el formulario de quejas de discriminación de programa de USDA, encontrar en línea en http://www.ascr.usda.gov/complaint_cust.html de presentación, o en cualquier oficina del USDA, o llamada (866) 632-9992 a la solicitud. También puede escribir una carta que contenga toda la información solicitada en el formulario. Envíenos su formulario de reclamación completado o carta por correo al Departamento de agricultura de Estados Unidos, Director, Office of Adjudication, 1400 independencia Avenue, S.W., Washington, D.C. 20250-9410, por fax (202) 690-7442 o por correo electrónico a program.intake@usda.gov.

Personas sordas son con problemas de audición o tienen discapacidades del habla y desea presentar querrela de EEO o programa por favor póngase en contacto con el USDA a través del servicio de retransmisión Federal al (800) 877-8339 o (800) 845-6136 (en Español). Las personas con discapacidad que deseen presentar una queja del programa, consulte información sobre cómo contactar con nosotros por correo directamente o por correo electrónico. Si requiere de medios alternativos de comunicación para información sobre el programa (por ejemplo, Braille, letra grande, audio, etc.) Póngase en contacto con el Centro TARGET de USDA en (202) 720-2600 (voz y TDD).

USDA es un proveedor de igualdad de oportunidades y el empleador.



Contact Information Informacion de Contacto

731.423.0616 or 1.800.372.8346
Statewide DHS 1-866-311-4287

Fax: 731.423.2600 • www.wtls.org
wtls@wtls.org

Local Offices:
Oficinas Locales:

Jackson
210 West Main Street
Jackson, TN 38301

Dyersburg
208 South Church Avenue
Dyersburg, TN 38024

Huntingdon
113 West Paris Street
Huntingdon, TN 38344

Selmer
141 North Third Street
Selmer, TN 38375

WEST TENNESSEE LEGAL SERVICES



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FACT SHEET HOJA DE HECHOS



What is SNAP?

SNAP stands for Supplemental Nutrition Assistance Program, formerly known as food stamps. SNAP enables low income individuals to purchase healthy food for their family. This benefit helps eligible families to keep more of their available income for living expenses without having to sacrifice providing healthy meals for themselves or/and their family.

Can I get SNAP benefits?

If you meet the income guidelines, you may be able to get SNAP benefits. To determine if your income meets the guidelines, apply for benefits by completing an application. The application form can be found at your local DHS office or you can apply online at: <https://faonlineapp.dhs.tn.gov/>. If you get an application at the DHS office, be sure to make an appointment for an interview with a SNAP worker.

What do I bring to the interview?

You should bring papers with you that prove

- 1. Your Identity** (such as driver's license, passport, photo student i.d., birth certificate, green card, permanent resident card, voter's registration card)
- 2. Where you live** (such as lease agreement or mortgage, utility or phone bill with your name on it). NOTE: if you don't have a fixed address, you can still qualify for SNAP.
- 3. Income** (such as a check stub, employer statement a court order for child support, or an award letter for SSI, Social Security, Unemployment or other benefits).
- 4. Shelter Costs** (such as rent receipts, lease agreements, mortgage payments, homeowners insurance, property tax).
- 5. Medical Costs** (such as billing statements, itemized Rx receipts, repayment agreement with medical provider).
- 6. Cost of Utilities** (such as water/electric/gas bill)

Your SNAP eligibility counselor will help you if you are having problems getting this proof, and may ask for other information.

What happens next?

Your SNAP worker will review your application and tell you if you qualify for SNAP benefits and how much you will receive each month. Your benefits will come on a plastic card that looks similar to a credit card.



What can I buy with my SNAP Benefits?

Use your benefit card to buy healthy food at grocery stores that accept EBT cards. Most grocery stores do. You may also use your benefit card to purchase prepared meals at soup kitchens or other communal dining facilities. If you are a senior, you may be able to use your benefits for Senior Food Boxes. You can also use SNAP Benefits to purchase seeds to grow your own food.

What if I don't have food to eat right now?

Sometimes, in emergency cases, you can get SNAP Benefits within 7 days. This is called "Expedited Service." In many cases, a homeless person meets the requirements for expedited service. (You must have less than \$150 in monthly gross income, and not more than \$100 in liquid resources such as cash.) If your income or resources are too high for the expedited service, you will get benefits within 30 days.

¿Qué es SNAP?

SNAP significa Programa de Asistencia de Nutrición Suplementaria, anteriormente conocido como cupones de alimentos. SNAP permite a las personas de bajos ingresos comprar alimentos saludables para su familia. Este beneficio ayuda a las familias elegibles a mantener una mayor parte de sus ingresos disponibles para gastos de subsistencia sin tener que sacrificarse para proporcionar. Para más información, llame 1-866-311-4287 o ir a https://www.tn.gov/content/dam/tn/human-services/documents/Intake_application_statement_of_understanding_Spanish.pdf



This Fact Sheet is not meant to take the place of legal advice. If you have a legal problem, consult a private attorney or call your local legal services office.

Esta hoja del hecho no se significa para tomar el lugar de los consejos jurídicos. Si usted tiene un problema legal, consulta a un abogado privado o llama a su oficina de Servicios Legal es local.

Apply for the Supplemental Nutrition Assistance Program (SNAP) at your local Department of Human Services Office.

Aplica Para Estampas De Alimento En Su Oficina Del Departamento De Servicios Humanos Local.